



# **NCCC Mission Trips**

## **Basic Packing List**



*This list is generic for all trips and additional trip specific supplies may be required.*

### **Basics**

- Passport and copy of passport stored in a separate location
- Copy of insurance card
- One carry on (generally a backpack); purses are NOT recommended
- One large duffel bag to check (must be less than 50 lbs.—check AA.com to verify weight limit)

### **Clothing**

Basic dress code: Knee length shorts and sandals are allowed during down time. During ministry, pants or capris and closed toed shoes must be worn. Sleeveless shirts may be worn, but the straps must be at least three inches wide.

- Team t-shirt
- 3-5 work shirts
- 2 pairs of work pants or capris
- One church outfit
- Pajamas, undergarments, and socks (enough for a week)
- No jewelry (exceptions: engagement and wedding rings, small earrings for girls)
- Shower sandals are recommended
- Raincoat, jacket or poncho
- All-terrain, supportive close toed shoes
- Swimsuit, just in case
- Optional: sandals (only closed shoes will be allowed during ministry time and work projects; if desired, sandals are fine during free time)
- Optional: hat and/or sunglasses

### **Toiletries and Such**

- Towel and washcloth
- Sunscreen (at least SPF 30)
- Insect repellent with DEET (we can share so not everyone brings this)
- Any personal items you need such as chap stick, vitamins, cold medicine, band-aids and Aspirin/Tylenol, or personal medication (please bring medications in their original container)
- Recommended: anti-diarrhea medicine (preferably tablets), Kaopectate, or pill equivalent
- Recommended: antibacterial hand sanitizer and hand wipes or baby wipes

### **Other Items**

- Required: water bottle (1 liter size recommended)
- Bedding (sleeping bag or sheets and a pillow; Note: The Juárez Visitor's Lodge is air conditioned)
- Bible, notebook and pen
- Spending Money (suggested \$50 USD per week)
- Flashlight and batteries
- Battery operated alarm clock
- Highly recommended: language tools (EG: Spanish to English dictionary)
- Recommended: pictures of home and family to show others
- Optional: camera and film
- Optional: Snacks (EG: powdered drink mix, granola bars, candy, gum, etc.)
- Optional: small gifts or hard candy (that won't melt) to give out (EG: small toys, coloring books, crayons, stickers, balloons)

Please do not bring any portable music or video game devices. Also, remember that theft is always a possibility, so do not bring anything that you can't afford to lose. We recommend that you label all items with your full name. You must be able to carry all your luggage by yourself. You may be asked to pack some team equipment in your personal check luggage to save on baggage costs.